

NUMA CUP

2025
June 14-15



Cole Harbour Place

51 Forest Hills Pkwy
Dartmouth, Nova Scotia

www.TeamNuma.com



Introduction

The highly anticipated NUMA Cup returns this year. We hope to welcome athletes from all over the Maritimes, Ontario, Quebec and St. Pierre & Miquelon again for this year's cup. This year, we be in a different venue from last year, Cole Harbour Place Nova Scotia, the home of Sydney Crosby. The tournament is open to ages 5 and above and all skill levels, keeping in mind that all participants must be registered with a provincial Judo association.

Tournament Committee

Tournament Director: Jason Scott – teamNUMA@outlook.com

Tournament Registrar: Rae-Leah Douglas – raeleahd@gmail.com

Chief Referee:

Competition Site

All events, accreditations, meetings and Spot weigh-ins will take place at Cole Harbour Place.

Weigh in will only be for U14 and above. All other weights will be coaches' honour.

Cole Harbour Place
HOME OF SYDNEY CROSBY
51 Forest Hills Parkway
Dartmouth, NS.

Accommodation

1st Hotel

Holiday Inn Express
335 John Savage Ave
Dartmouth, NS
1-877-660-8550

2nd Hotel

Best Western Plus
11 Spectacle Lake Dr.
Dartmouth, NS
1-800-780-7234

3rd Hotel

Sandman Signature
973 Willkinson Ave.
Dartmouth, NS
1-800-726-362

Competition Dates and Schedule

Saturday, June 14^h, 2025 AND Sunday June 15th, 2024

Approximate times (subject to change based on number of participants per category).

Friday June 13th:

For those that arrive Friday night:

Accreditations or check in (7pm-9pm)

Weight ins for U14, U18, U21 and Vets. (7pm-9pm)

SATURDAY JUNE 14TH

8:00a m to 9:00am – Accreditation (check in for U8)/Weigh ins U14, U18, U21 and Vets for those that did not weigh in on Friday.

9:00-9:30am- Open Ceremonies

9:30am – U8 (LTAD) or White Belts Newaza ONLY

10:00am – U14 Yellow belt or higher

11:00am – U18 Yellow belt or higher

12:00– U21 Yellow belt or higher

1:00pm – Veterans

2:00 PM-4:00 PM Weight ins for U16 and Senior/ for those that are here on Saturday you can also do Check in for U10, and U12.

Sunday June 15th

Accreditations check ins for U10/U12/ Weigh ins for U16 and senior for those that did not weigh in on Saturday.

9am- U10 Yellow belts or higher

10am- U12 Yellow belts or higher

11am- U16 Yellow belts or higher

12pm- Senior

1pm- Team Competition

Eligibility

All participants must be a member of a provincial judo association, of Judo Canada or of an association recognized by the IJF. Proof of valid membership will be required for all athletes who are registered with an association other than Judo NS.

Entry Fees & Deadlines

	Early Bird Fee	Regular Fee	Late Fee
	April 1-April 30.	May 1-May 31.	June 1-June 7
<u>1st Division</u>	\$65	\$75	\$85
<u>2nd Division</u>	\$35	\$40	\$45
<u>Team event</u>	\$10 per person.	\$15	\$20

*ALL participants must be registered with Judo NS or with their provincial association.

*All registration will be done online. NO WALK ON REGISTRATIONS.

* Registration closes on June 7

* You can only register for 2 divisions on opposite days. For example, U18 cannot fight U21 because it is on the same day.

Registration Link

<https://registration.judocanada.org/event/2025-NUMACUP>

Division Information

U8/LTAD	<u>U8 (LTAD)– Born 2018 and later</u> <ul style="list-style-type: none">- Male / Female Combined- Belt combined.- White belts fight from knees- Paired according to size (as best possible)							
U10	<u>Born in 2016 and 2017</u> <ul style="list-style-type: none">- Male / Female Combined- White belts fight from knees.- 2 min consecutive match/3 ippon rule <table><tr><td>up to and including 20 kg</td></tr><tr><td>+20 kg up to and including 22 kg</td></tr><tr><td>+22 kg up to and including 25 kg</td></tr><tr><td>+25 kg up to and including 28 kg</td></tr><tr><td>+28 kg up to and including 32 kg</td></tr><tr><td>+32 kg up to and including 36 kg</td></tr><tr><td>+36 kg up to and including 40 kg</td></tr></table>	up to and including 20 kg	+20 kg up to and including 22 kg	+22 kg up to and including 25 kg	+25 kg up to and including 28 kg	+28 kg up to and including 32 kg	+32 kg up to and including 36 kg	+36 kg up to and including 40 kg
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+22 kg up to and including 25 kg								
+25 kg up to and including 28 kg								
+28 kg up to and including 32 kg								
+32 kg up to and including 36 kg								
+36 kg up to and including 40 kg								
	<u>Born in 2014 and 2015</u> <p>2 sub-divisions:</p>							

U12	<p>Beginner: Yellow/Orange Intermediate: Green/Blue/Brown</p> <table> <tr> <th data-bbox="456 275 914 310">Male</th><th data-bbox="914 275 1378 310">Female</th></tr> <tr> <td data-bbox="456 310 914 688"> Up to and including 26 kg +26 kg up to and including 29 kg +29 kg up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg more than 55 kg </td><td data-bbox="914 310 1378 688"> Up to and including 25 kg +25 kg up to and including 27 kg +27 kg up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg more than 52 kg </td></tr> </table>	Male	Female	Up to and including 26 kg +26 kg up to and including 29 kg +29 kg up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg more than 55 kg	Up to and including 25 kg +25 kg up to and including 27 kg +27 kg up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg more than 52 kg
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U14	<p><u>Born in 2012 and 2013</u> 2 sub-divisions: Beginner: Yellow/Orange Intermediate: Green/Blue/Brown</p> <table> <tr> <th data-bbox="456 968 914 1003">Male</th><th data-bbox="914 968 1378 1003">Female</th></tr> <tr> <td data-bbox="456 1003 914 1352"> Up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg +55 kg up to and including 60 kg +60 kg up to and including 66 kg more than 66 kg </td><td data-bbox="914 1003 1378 1352"> Up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg +52 kg up to and including 57 kg +57 kg up to and including 63 kg more than 63 kg </td></tr> </table>	Male	Female	Up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg +55 kg up to and including 60 kg +60 kg up to and including 66 kg more than 66 kg	Up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg +52 kg up to and including 57 kg +57 kg up to and including 63 kg more than 63 kg
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U16	<p><u>Born in 2010, 2011, 2012</u></p> <ul style="list-style-type: none"> - 3 Sub-Categories: <ul style="list-style-type: none"> ○ Advanced (Brown/Black) ○ Intermediate (Green/Blue) ○ Beginner (Yellow/Orange) 				

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U18	<p><u>Born in 2008 & 2009,2010, 2011</u></p> <p>3 Sub-Categories:</p> <ul style="list-style-type: none"> ○ Advanced (Brown/Black) ○ Intermediate (Green/Blue) ○ Beginner (Yellow/Orange) <table> <tr> <th>Male</th><th>Female</th></tr> <tr> <td> up to 46 kg more than 46 kg and up to 50 kg more than 50 kg and up to 55 kg more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg </td><td> up to 40 kg more than 40 kg and up to 44 kg more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg </td></tr> </table>	Male	Female	up to 46 kg more than 46 kg and up to 50 kg more than 50 kg and up to 55 kg more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg	up to 40 kg more than 40 kg and up to 44 kg more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg
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U21	<p><u>Born in 2005,2006, 2007,2008, 2009,2010</u></p> <p>- 3 Sub-Categories:</p> <ul style="list-style-type: none"> ○ Advanced (Brown/Black) ○ Intermediate (Green/Blue) ○ Beginner (Yellow/Orange) <table> <tr> <th>Male</th><th>Female</th></tr> <tr> <td> up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg </td><td> up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg </td></tr> </table>	Male	Female	up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg	up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg
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Competition Format

Modified double elimination format will be used. If a category has five (5) or fewer competitors, the round robin format will be used.

Important Information

U8 competitors: All participants will receive a participation medal. U8 competitors that are yellow stripe and higher will fight standing up. White belts will fight from knees. Athletes will be grouped by size and weight. We will do modified 3 ippon rule for stand-up fighters.

U10: Modified 3 Ippon rule, 2-minute consecutive time.

U12 and above rules:

1. IJF rules and/or Judo Canada rules will be applied for U12 and above.
2. Arm locks are not allowed for U16 athletes, only chokes.
3. Modified double elimination and/or pools depending on the number of entries.
4. Round robin for 5 or less competitors
5. Draws will be determined by the tournament director.
6. The tournament committee may combine divisions on the 15% rule.
7. White and blue judogis is not mandatory but recommended for U16 and up (or reversible blue white judogi).
8. Athletes may only participate in a maximum of 2 divisions, excluding the team division.
9. It is strictly forbidden to lend one's coach accreditation. Coaches doing so will lose their coaching rights for the duration of the tournament. Only DA minimum certified coaches are allowed to be in the coaching chair.